

Dear Club Secretary,

Enclosed please find entry forms for the Leinster Division One / Open Age Group Championship for 2017. This Championship Gala is open to swimmers who meet the qualification times as noted below, and are registered with Swim Ireland; clubs must provide a Swim Ireland Registration Number for all entrants.

Venue	National Aquatic Centre, Abbottstown, Dublin	
Format	LONG COURSE	
Meet Director	Mr Pat Daly	
Date / Time	<p>Friday 2nd June 2017</p> <p><u>Session 1:</u> warm up 7.30am start 9.00am</p> <p><u>Session 2:</u> warm up 3.30pm start 4.30pm</p> <p>Saturday 3rd June 2017</p> <p><u>Session 3:</u> warm up 7.30am start 9.00am</p> <p><u>Session 4:</u> warm up 3.30pm start 4.30pm</p> <p>Sunday 4th June 2017</p> <p><u>Session 5:</u> warm up 7.30am start 9.00am</p> <p><u>Session 6:</u> warm up 3.30pm start 4.30pm</p>	
Fees	€7 per Individual Event €20 per Relay Event	
Payment	<p>Cheques by post. Made out to: Swim Ireland Leinster Region Postal Address: Leinster Treasurer Leinster Region Swim Ireland P.O. Box 12344 Blackrock Co Dublin</p>	<p>Bank Transfer Account : Swim Ireland Leinster Region IBAN: IE59AIBK93251559772204 BIC: AIBKIE2D (Old Ref No: Branch Code: 93-25-15, a/c 59772204)</p>
	<p>If you are remitting the fees by cheque, please note the club and the name of the gala on the back. If transferring directly, please reference the club and gala on the transfer narrative, and email the treasurer on leinstertreasurer@swimireland.ie to confirm transfer.</p> <p>Payments must be made by the Monday BEFORE the gala, May 29th 2017</p>	
Entries	<p>Entries, on Hy-Tek only, should be emailed to leinstergalasecretary@swimireland.ie. No NTs will be accepted!! Entry times must have been achieved after June 1st 2016.</p>	
Entries Closing	<p>Saturday 20th May 2017. Late entries will be not accepted. Ages are by YEAR OF BIRTH; the age-up date is Dec 31st 2017</p>	

Scratches	Scratches for this gala will close at 6pm on the evening before each Heats Session; for Session One scratches will close at 5pm on Thursday June 1st 2017 . Scratches to be sent via email to leinstergalasecretary@swimireland.ie
Events	100m, 200m, 400m, 800m and 1500m Freestyle 100m and 200m Backcrawl, Breaststroke and Butterfly 200m and 400m Individual Medley In the following age-groups: Girls – 10&U (2007+); 11/12 (2005/06), 13/14 (2003/04), 15/16 (2001/02) and 17+(2000-) Boys – 11&U (2006+), 12/13 (2004/05), 14/15 (2002/03), 16/17 (2000/01) and 18+ (1999-)
Relay Events	4 X 50m Freestyle Team Relay 4 X 50m Medley Team Relay 4 X 100m Freestyle Team Relay 4 X 100m Medley Team Relay in the following age-groups: Girls – 12&U, 13/14, 15/16 and 17+ Boys – 13&U, 14/15, 16/17 and 18+ One swimmer is permitted to swim up in each relay team; all relay swimmers must also be competing in individual events in this competition. A maximum of three relay teams per club is allowed in each age-group.
Line-Up	There will be NO line-up officials at this gala, however there will be a supervisor in-situ. It is the responsibility of swimmers, coaches and Team Managers to ensure that swimmers reach the line-up area in good time and find their own heat and lane from the posted documentation.
Heats	All events will be run as OPEN events with non-seeded Heats. The youngest age-groups (10 and under for Girls, 11 and under for Boys) will be HDW from the morning heats; there will not be separate Finals for these age-groups. All Events will run in 10 Lane Heats All 400m, 800m and 1500m events and all Relays will be HDW and will swim in the HEATS sessions (mornings). Only ONE Heat of Boys 800m and Girls 1500m will take place; these heats will be confined to Girls of 11 years and older, and Boys of 12 years and older. Eight of the places in each of these finals are reserved for Leinster swimmers, with two places for non-Leinster swimmers (more if insufficient Leinster swimmers enter to fill all eight designated places).
Finals	Individual Finals will be run in each 100m & 200m event as follows: Girls – 11/12, 13/14, 15/16 and 17+ Boys – 12/13, 14/15, 16/17, and 18+ Medals will be awarded to the top three in each age band as above.
Entry into Finals	There will be 10 swimmers in each final. A maximum of two swimmers from outside the Leinster Region will be allowed to compete in each final.

<p>Medals</p>	<p>Leinster Championship Medals will be awarded to the top 3 Leinster Athletes (or relay teams) in each Age Group. Commemorative medals awarded to non-Leinster podium winners.</p> <p>Relays are HDW in each event with medals awarded in the Relay age groups as specified above.</p>
<p>Overall Awards</p>	<p>Leinster Swimming will give an overall award to the best Leinster swimmer (Boy and Girl) in each age-group category. The awards will be based on the highest number of FINA points accumulated over five swims, as follows:</p> <ul style="list-style-type: none"> • Any 100m event • Any 200m Form stroke (Back, Breast or Butterfly) • Any IM event (200m or 400m) • Any distance event (400m, 800m or 1500m) • One other event of any stroke/distance. <p>Points awarded for a 400m IM swim can only be counted once – as either an IM event or a distance event, but not both.</p>
<p>Selections</p>	<p>Leinster Swimming will consider the selection of Age-Group and other Teams to compete at forthcoming internationals based on results delivered in the calendar year of 2017.</p>
<p>Entry Times</p>	<p>Hy-Tek Team Manager software should automatically convert achieved Short Course times to their Long Course equivalent when assessing for which event a swimmer has Qualifying Times, and for calculating the actual Entry Times prior to submission. For teams running Hy-Tek Team Manager this process should operate “invisibly” in the background and should not need to be of concern to the club Gala Secretaries.</p>
<p>Qualifying Times and Free Entries</p>	<p>The Entry Times as shown below are Qualifying Times. Times should have been achieved since June 1st 2016. All events may be subject to heat limitations to ensure the meet runs to time (see below).</p> <p>All Entries MUST include an ENTRY TIME in line with Qualification Times <u>Qualifying times in the Hy-Tek file are the Long Course times as below.</u></p> <p>Athletes who have qualified in ANY single event MAY enter the following distance events EVEN if outside the Qualification Times (but all entries MUST still include an entry time)</p> <ul style="list-style-type: none"> ○ 200m Freestyle ○ 200m Backstroke ○ 200m Breaststroke ○ 200m Butterfly ○ 200m Individual Medley ○ 400m Freestyle ○ 400m Individual Medley ○ 800m or 1500m Freestyle (entrants must have previously competed in these long-distance events)
<p>Heat Restrictions</p>	<p>Numbers of heats may be curtailed to allow the gala to be run off in a reasonable time-frame. If all swimmers cannot be accepted into the gala, preference will be given to swimmers with Leinster clubs. Any changes to the competition will be notified to all clubs in advance.</p>

Officials / Timekeepers	<p>Clubs will be asked to provide officials following a ratio of one official to every four swimmers as rostered by the Meet Director (this includes the senior gala officials). Officials Roster to be published by Fri 26th May.</p> <p><i>Different arrangements may apply to the rostering of officials for long distance events (800m, 1500m).</i></p> <p>Clubs will be issued with the timekeeping and turn judge roster in advance of the competition, as rostered by the meet director, by Sunday 21st May. All participating clubs must provide timekeepers and turn judges in accordance with the roster. Clubs who do not provide their quota of officials may have their swimmers excluded from the gala.</p>
FINA	<p>This gala will be run under FINA law. In particular, please note that the regulations relating to FINA-approved swimsuits will be enforced. <i>(The Meet Referee may waive FINA rule SW3.1.1 where the number of entries does not warrant two heats)</i></p>
Withdrawals	<p>Swimmers who fail to scratch from heats will be fined €10.00. Swimmers must withdraw from a final within 30 minutes of the heat results being announced. Swimmers who fail to scratch from a final will be fined €20.00</p>
Fines	<p>Clubs who have outstanding fines or outstanding fees due to Leinster Swimming will not be allowed to swim in this gala, and refunds will not be made in this event.</p>

**LEINSTER DIVISION ONE AGE GROUP & OPEN CHAMPIONSHIPS 2017
ORDER of EVENTS**

FRIDAY 2nd June

HEATS Warm-Up 7:30am, Start 9.30am				
1	Boys	100	Freestyle	
2	Girls	100	Freestyle	
3	Boys	200	Backcrawl	
4	Girls	200	Backcrawl	
5	Boys	200	I.M.	
6	Girls	200	I.M.	
7	Boys	1500	Freestyle	HDW
8	Girls	800	Freestyle	HDW
9	Boys	200	F.T.R	HDW
10	Girls	200	F.T.R	HDW
11	Boys	200	M.T.R	HDW
12	Girls	200	M.T.R	HDW

FINALS Warm-Up 3.30pm, Start 4.30pm
Finals of events 1 to 6 In individual Ages as follows Boys – 12/13, 14/15, 16/17 and 18+ Girls – 11/12, 13/14, 15/16 and 17+

SATURDAY 3rd June

HEATS Warm-Up 8.00am, Start 9.30am				
13	Girls	200	Freestyle	
14	Boys	200	Freestyle	
15	Girls	200	Breastroke	
16	Boys	200	Breastroke	
17	Girls	100	Butterfly	
18	Boys	100	Butterfly	
19	Girls	1500	Freestyle	HDW
20	Boys	800	Freestyle	HDW
21	Girls	400	I.M.	HDW
22	Boys	400	I.M.	HDW
23	Girls	400	M.T.R	HDW
24	Boys	400	M.T.R	HDW

FINALS Warm-Up 3.30pm, Start 4.30pm
Finals of events 13 to 18 In individual Ages as follows Girls – 11/12, 13/14, 15/16 and 17+ Boys – 12/13, 14/15, 16/17 and 18+

SUNDAY 4th June

HEATS Warm-Up 8.00am, Start 9.30am				
25	Boys	400	Freestyle	HDW
26	Girls	400	Freestyle	HDW
27	Boys	100	Breastroke	
28	Girls	100	Breastroke	
29	Boys	200	Butterfly	
30	Girls	200	Butterfly	
31	Boys	100	Backcrawl	
32	Girls	100	Backcrawl	
33	Boys	400	F.T.R	HDW
34	Girls	400	F.T.R	HDW

FINALS Warm-Up 3.30pm, Start 4.30pm

Finals of events 25 to 30
In individual Ages as follows

Boys – 12/13, 14/15, 16/17 and 18+

Girls – 11/12, 13/14, 15/16 and 17+

PLEASE NOTE – Depending on entries the competitions committee reserve the right to change the start of the Finals session as required. Clubs will be notified in advance.

Leinster Age Group Division One & OPEN Championships
Qualification Times 2017 – Long Course

Boys													
AGE		100 FC	200FC	400FC	1500FC	100BC	200BC	100BS	200BS	100BF	200BF	200IM	400IM
11 & U	Faster than	1:19.23	2:54.60	6:09.71	25:06.40	1:31.24	3:18.16	1:47.49	3:55.91	1:34.47	3:26.85	3:16.37	6:54.05
12/13	Faster than	1:16.50	2:48.59	5:56.96	24:14.45	1:28.10	3:11.32	1:43.79	3:47.78	1:31.21	3:19.72	3:09.60	6:39.77
14/15	Faster than	1:09.64	2:32.76	5:24.90	21:10.68	1:20.47	2:54.71	1:32.94	3:20.54	1:18.48	2:57.13	2:55.60	6:10.52
16/17	Faster than	1:05.58	2:25.35	5:14.94	20:33.76	1:18.85	2:44.10	1:29.91	3:11.25	1:13.74	2:44.56	2:44.66	5:43.13
18+	Faster than	1:03.95	2:21.63	5:10.78	20:12.29	1:15.27	2:43.36	1:23.37	3:08.66	1:10.53	2:44.56	2:39.67	5:41.26

Girls													
AGE		100FC	200FC	400FC	800FC	100BC	200BC	100BS	200BS	100BF	200BF	200IM	400IM
10 & U	Faster than	1:21.89	2:58.69	6:24.05	13:47.51	1:35.55	3:24.63	1:49.59	3:57.15	1:36.26	3:40.18	3:28.07	7:18.07
11/12	Faster than	1:19.06	2:52.53	6:10.81	13:18.97	1:32.26	3:17.57	1:45.80	3:48.77	1:32.93	3:32.58	3:20.89	7:02.97
13/14	Faster than	1:13.26	2:40.17	5:40.43	11:44.06	1:25.30	3:04.42	1:39.20	3:33.38	1:24.30	3:08.11	3:05.81	6:37.18
15/16	Faster than	1:11.66	2:38.15	5:33.81	11:21.06	1:22.95	3:02.73	1:37.46	3:24.96	1:21.56	2:57.42	3:01.83	6:18.06
17+	Faster than	1:11.55	2:35.57	5:31.00	11:08.79	1:21.37	2:55.23	1:33.35	3:22.95	1:19.18	2:55.80	2:53.64	6:13.42

PLEASE NOTE – All ages will be as of December 31st 2017

Leinster Age Group Division One & OPEN Championships
Qualification Times 2017 – Short Course Equivalent Times

Boys													
AGE		100 FC	200FC	400FC	1500FC	100BC	200BC	100BS	200BS	100BF	200BF	200IM	400IM
11 & U	Faster than	1:17.68	2:51.18	6:02.46	24:36.27	1:29.45	3:14.27	1:45.38	3:51.28	1:32.62	3:22.79	3:12.52	6:45.77
12/13	Faster than	1:15.00	2:45.28	5:49.96	23:45.37	1:26.37	3:07.57	1:41.75	3:43.31	1:29.42	3:15.80	3:05.88	6:31.78
14/15	Faster than	1:08.27	2:29.76	5:18.53	20:45.26	1:18.89	2:51.28	1:31.12	3:16.61	1:16.94	2:53.66	2:52.16	6:03.11
16/17	Faster than	1:04.29	2:22.50	5:08.76	20:09.08	1:17.30	2:40.88	1:28.15	3:07.50	1:12.29	2:41.33	2:41.43	5:36.27
18+	Faster than	1:02.70	2:18.85	5:04.69	19:48.04	1:13.79	2:40.16	1:21.74	3:04.96	1:09.15	2:41.33	2:36.54	5:34.44

Girls													
AGE		100FC	200FC	400FC	800FC	100BC	200BC	100BS	200BS	100BF	200BF	200IM	400IM
10 & U	Faster than	1:20.28	2:55.19	6:16.52	13:30.96	1:33.68	3:20.62	1:47.44	3:52.50	1:34.37	3:35.86	3:23.99	7:09.31
11/12	Faster than	1:17.51	2:49.15	6:03.54	13:02.99	1:30.45	3:13.70	1:43.73	3:44.48	1:31.11	3:28.41	3:16.95	6:54.51
13/14	Faster than	1:11.82	2:37.03	5:33.75	11:29.97	1:23.63	3:00.80	1:37.25	3:29.20	1:22.65	3:04.42	3:02.17	6:29.23
15/16	Faster than	1:10.25	2:35.05	5:27.33	11:07.44	1:21.32	2:59.15	1:35.55	3:20.94	1:19.96	2:53.94	2:58.26	6:10.50
17+	Faster than	1:10.15	2:32.52	5:24.51	10:55.41	1:19.77	2:51.79	1:31.52	3:18.97	1:17.63	2:52.35	2:50.24	6:05.95

PLEASE NOTE – All ages will be as of December 31st 2017