



Christmas Cracker FUN Gala

Sunday 10th December 2017 11am – 5pm
National Aquatic Centre, Dublin

MEET CONDITIONS

Should be read in conjunction with the General Meet Regulations

Pool Specifications:	25m, 10 lane competition pool with wave-breaker lane ropes. There will be semi-automatic electronic timing in place. Diving blocks will be in place (at the start end of the pool only) which swimmers DO NOT have to use if they are not comfortable)
Meet Type:	9 -12 years of age – in line with Swim Ireland Long Term Athlete Development Principles. This competition is open to novice swimmers ONLY . (A novice is defined as never having won an individual medal in Open competition. An Open competition is one in which two or more clubs have competed and includes Regional/National Schools competitions.)
Entry Limit:	Swimmers may enter up to four events. Swimmers who are faster than the “Cut Off Times” in an event are not eligible to swim in that event, but may swim in other events.
Entry Form:	Electronic Hy-tek entries are accepted via Hy-tek to the Swim Ireland Office at entries@swimireland.ie Paper entries should be posted to the Swim Ireland Office at Irish Sport HQ, National Sports Campus, Blanchardstown, Dublin 15, Ireland marked “2017 CHRISTMAS CRACKER”. Paper entries are only required where Hy-tek is not used.
Entry Deadline:	Wednesday 22 nd November 2017 for ALL entries. Payment for entries must be received by Friday 1 st December 2017
Entry Fees:	€15.00/£13.00 to cover up to four individual events Relay entries cost €20.00/£18.00 Parents & Coaches races are free to enter No entry will be processed until the appropriate fee has been received at the Swim Ireland Office . Payment options are detailed in the Entry Summary Sheet. <i>Please note that entries are non-refundable once the final date for payment has passed</i>
Events:	9 & 10 year olds - 50m in all four strokes, 11 & 12 year olds – 50m in all four and 100m Individual Medley Relays – 9-10 and 11-12 4x25m FTR, 4x25m MTR, Cannon 8x25m FTR (1 Boy, 1 Girl from each age group). All events will be H.D.W. Age is as 31 st . December 2017
Awards:	Medals are awarded for top-3 placings in 9, 10, 11 and 12 age Groups Relay medals will be awarded in 9-10 and 11-12 category.
Further Information:	Please direct all queries to entries@swimireland.ie

We've put in a request to Santa to make a visit during the day to say hello to all our swimmers

SWIMMERS ARE NOT PERMITTED TO WEAR “SKINS”.



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ORDER OF EVENTS

Session 1: warm up 09:30-10:50am			Session 2: warm up TBC		
1	G 11-12	100m I.M.	12	B 11-12	100m I.M.
2	B 9-10, 11-12	50m Butterfly	13	G 9-10, 11-12	50m Butterfly
3	G 9-10, 11-12	50m Freestyle	14	B 9-10, 11-12	50m Freestyle
4	B 9-10	4x25m MTR	15	G 9-10	4x25m MTR
5	G 11-12	4x25m FTR	16	B 11-12	4x25m FTR
6	B 9-10, 11-12	50m Breaststroke	17	G 9-10, 11-12	50m Breaststroke
7	G 9-10, 11-12	50m Backstroke	18	B 9-10, 11-12	50m Backstroke
8	B 11-12	4x25m MTR	19	G 11-12	4x25m MTR
9	G 9-10	4x25m FTR	20	B 9-10	4x25m FTR
10	Parents 50m		21	Mixed	6x25m Canon Relay
11	Coaches 50m				

Warm ups will be split by age/gender/club.
Exact warm up times will be confirmed once all entries have been received.

CUT OFF STANDARDS

Swimmers must be **slower** than the time to compete in the event

Boys		Event	Girls	
9-10 2008/2007	11-12 2006/2005		9-10 2008/2007	11-12 2006/2005
43.00	36.50	50 Freestyle	44.00	37.50
55.50	44.00	50 Backstroke	55.50	45.50
1.01.00	48.50	50 Breaststroke	1.02.50	49.50
57.50	47.50	50 Butterfly	57.50	50.00
N/A	1.36.50	100 I.M.	N/A	1.43.00





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RELAY & ENTRY SUMMARY SHEET

Event No.	Event	Number of teams
4	Boy's 9-10 100m Medley Relay	
5	Girl's 11-12 100m Freestyle Relay	
8	Boy's 11-12 100m Medley Relay	
9	Girl's 9-10 100m Freestyle Relay	
15	Girl's 9-10 100m Medley Relay	
16	Boy's 11-12 100m Freestyle Relay	
19	Girl's 11-12 100m Medley Relay	
20	Boy's 9-10 100m Freestyle Relay	
21	Mixed 200m Freestyle Canon Relay	

Relay Entries: _____ @ €20 Each = € _____

Individual Swimmers: _____ @ €15 Each = € _____

TOTAL AMOUNT ENCLOSED: € _____

CLUB: _____ CONTACT: _____

PHONE: _____ EMAIL: _____

Payment Options:

Please reference all payments as "2017 Christmas Cracker" and include club details.

Bank Transfer:

EURO

Bank: AIB
Sort Code: 932515
Account Number: 59772048
IBAN: IE03 AIBK 9325 1559 7720 48
BIC: AIBKIE2D

Sterling

Bank: Danske Bank
Sort Code: 950111
Account Number: 51051490
IBAN: GB55 DABA 9501 1151 0514 90
BIC: DABAGB2B

Cheque/Postal Order:

Made payable to Swim Ireland