



Autumn, Spring & Easter Qualifying Galas 2017-2018

Meet Information

| Meet | Date | Venue | Closing Date for Entries / Payment |
|-----------------------------|---|---------------|------------------------------------|
| Autumn Qualifying Gala (SC) | 13 th , 14 th & 15 th October 2017 | Lisburn | 2 nd October 2017 |
| Spring Qualifying Gala (SC) | 2 nd , 3 rd & 4 th February 2018 | Lisburn | 22 nd January 2018 |
| Easter Qualifying Gala (LC) | 9 th , 10 th & 11 th March 2018 | Bangor Aurora | 26 th February 2018 |

Age Groups:

Minimum entry age is 10yrs

Male: 10yrs, 11yrs, 12yrs, 13yrs, 14yrs, 15yrs, 16yrs, 17 & older

Female: 10yrs, 11yrs, 12yrs, 13yrs, 14yrs, 15yrs, 16 & older

Age Up Date: Autumn Qualifying Gala – 31st December 2017
Spring & Easter Qualifying Galas – 31st December 2018

Events: A full Olympic 2020 Programme plus 50m Backstroke, Breaststroke and Butterfly, 100 Individual Medley (if held in a 25m pool)

All events are Heat Declared Winner

Awards: Medals will be awarded to the fastest 3 swimmers in each age group in each event.

Multi Class/Disability Athletes : Swimmers with a disability who have achieved the qualifying time for any event will be subject to all the terms of open competition and will not be eligible for a separate Multi Class Award. Other Ulster Regional Disability Squad swimmers, who have not achieved a qualifying time will, as far as is practical, swim together in a Multi-Class heat and medals will be awarded to the first 3 places irrespective of classification and age.

Entries: Swimmers entering these meets must be a registered member of an affiliated club. Entries to be emailed to admin@swimulster.net. All entries must be submitted on the meet Hy-tek file and include a time – entries will NOT be accepted without a time. All times must be achieved during the 12 months prior to the entry closing date. The Swim Ireland Registration number for each swimmer must be included in the file.

Price: £5 / €5.50 per event. Payment should be forwarded to the Swim Ulster Office by the closing date.

Progression from Development Meets:

Once a swimmer has achieved the criteria outlined below they can enter ANY event for which they have achieved a Qualifying Time plus a maximum of three bonus swims:

- 10yrs – 100m IM (legal & head past flags on streamline) plus 2 other qualifying times from eligible events.
- 11&over – 200m IM (legal & head past flags on streamline) plus 2 other qualifying times from eligible events.

Swimmers must achieve the IM qualifying time in a Swim Ulster Development Meet however they can achieve the two additional qualifying times in a Club Meet. A list of swimmers achieving the required streamlining standard will be circulated to clubs following each Development Meet. It is the responsibility of coaches to refer to this list when submitting entries.

Swimmers who competed in the Qualifying Meets during the 2016-2017 season:

1. **Swimmers aged 10-11yrs** must achieve qualifying times in the following events:
 - a. 10yrs – 100m IM plus 2 other qualifying times from eligible events.
 - b. 11yrs – 200m IM plus 2 other qualifying times from eligible events.
2. **Swimmers aged 12&over** must achieve any three published qualifying times for their respective age group.

The swimmer can then enter **ANY** event for which they have achieved a Qualifying Time plus a maximum of three bonus swims.



Programme of Events

| Autumn Qualifying Gala (SC) | Spring Qualifying Gala (SC) | Easter Qualifying Gala (LC) |
|--|--|--|
| Session 1 Friday **Warm up 5pm Start 6pm | Session 1 Friday **Warm up 5pm Start 6pm | Session 1 Friday **Warm up 5pm Start 6pm |
| Female 800m Freestyle | Mixed 800m Freestyle | Mixed 800m Freestyle |
| Male 1500m Freestyle | Mixed 1500 Freestyle | Mixed 1500 Freestyle |
| Session 2 Sat AM **Warm up 9am Start 10am | Session 2 Sat AM **Warm up 9am Start 10am | Session 2 Sat AM **Warm up 9am Start 10am |
| Female 400 Individual Medley | Male 400 Individual Medley | Female 400 Individual Medley |
| Male 200 Individual Medley | Female 200 Individual Medley | Male 200 Individual Medley |
| Female 100 Butterfly | Male 100 Butterfly | Female 100 Butterfly |
| Male 200 Backstroke | Female 200 Backstroke | Male 200 Backstroke |
| Female 100 Breaststroke | Male 100 Breaststroke | Female 100 Breaststroke |
| Male 100 Freestyle | Female 100 Freestyle | Male 100 Freestyle |
| Female 50 Butterfly | Male 50 Butterfly | Female 50 Butterfly |
| Male 50 Backstroke | Female 50 Backstroke | Male 50 Backstroke |
| Session 3 Sat PM **Warm up 1pm Start 2pm | Session 3 Sat PM **Warm up 1pm Start 2pm | Session 3 Sat PM **Warm up 1pm Start 2pm |
| Male 400 Freestyle | Female 400 Freestyle | Male 400 Freestyle |
| Female 200 Freestyle | Male 200 Freestyle | Female 200 Freestyle |
| Male 200 Breaststroke | Female 200 Breaststroke | Male 200 Breaststroke |
| Female 100 Backstroke | Male 100 Backstroke | Female 100 Backstroke |
| Male 200 Butterfly | Female 200 Butterfly | Male 200 Butterfly |
| Female 50 Freestyle | Male 50 Freestyle | Female 50 Freestyle |
| Male 50 Breaststroke | Female 50 Breaststroke | Male 50 Breaststroke |
| Female 100IM | Male 100IM | |
| Session 4 Sun AM **Warm up 9am Start 10am | Session 4 Sun AM **Warm up 9am Start 10am | Session 4 Sun AM **Warm up 9am Start 10am |
| Male 400 Individual Medley | Female 400 Individual Medley | Male 400 Individual Medley |
| Female 200 Individual Medley | Male 200 Individual Medley | Female 200 Individual Medley |
| Male 100 Butterfly | Female 100 Butterfly | Male 100 Butterfly |
| Female 200 Backstroke | Male 200 Backstroke | Female 200 Backstroke |
| Male 100 Breaststroke | Female 100 Breaststroke | Male 100 Breaststroke |
| Female 100 Freestyle | Male 100 Freestyle | Female 100 Freestyle |
| Male 50 Butterfly | Female 50 Butterfly | Male 50 Butterfly |
| Female 50 Backstroke | Male 50 Backstroke | Female 50 Backstroke |
| Session 5 Sun PM **Warm up 1pm Start 2pm | Session 5 Sun PM **Warm up 1pm Start 2pm | Session 5 Sun PM **Warm up 1pm Start 2pm |
| Female 400 Freestyle | Male 400 Freestyle | Female 400 Freestyle |
| Male 200 Freestyle | Female 200 Freestyle | Male 200 Freestyle |
| Female 200 Breaststroke | Male 200 Breaststroke | Female 200 Breaststroke |
| Male 100 Backstroke | Female 100 Backstroke | Male 100 Backstroke |
| Female 200 Butterfly | Male 200 Butterfly | Female 200 Butterfly |
| Male 50 Freestyle | Female 50 Freestyle | Male 50 Freestyle |
| Female 50 Breaststroke | Male 50 Breaststroke | Female 50 Breaststroke |
| Male 100IM | Female 100IM | |

****Session times may be changed if there are a large number of entries**



**Swim Ulster Qualifying Meets 2017-2018
(Autumn, Spring & Easter)
Short Course Qualifying Times**

| Male | | | | | | | | | Female | | | | | | | |
|----------|----------|----------|----------|----------|----------|----------|----------|------------------|----------|----------|----------|----------|----------|----------|----------|----------|
| 10 | 11 | 12 | 13 | 14 | 15 | 16 | Open | Events | Open | 16 | 15 | 14 | 13 | 12 | 11 | 10 |
| | | | | | | | 00:27.32 | 50Free | 00:30.89 | | | | | | | |
| 01:25.43 | 01:20.74 | 01:15.96 | 01:11.24 | 01:07.80 | 01:05.10 | 01:02.40 | 00:59.09 | 100Free | 01:06.18 | 01:09.05 | 01:10.49 | 01:10.67 | 01:12.20 | 01:15.97 | 01:20.72 | 01:25.43 |
| | 02:58.89 | 02:46.45 | 02:35.47 | 02:31.00 | 02:26.85 | 02:20.64 | 02:12.04 | 200Free | 02:24.58 | 02:30.93 | 02:33.47 | 02:34.52 | 02:37.32 | 02:46.58 | 02:57.13 | |
| | | 05:59.54 | 05:40.09 | 05:18.29 | 05:15.09 | 05:02.68 | 04:50.17 | 400Free | 05:09.08 | 05:27.83 | 05:30.50 | 05:33.17 | 05:46.31 | 06:04.21 | | |
| | | | | | | | | 800Free | 10:48.05 | 11:33.00 | 11:36.15 | 11:46.33 | 12:03.98 | 12:48.53 | | |
| | | 23:49.17 | 22:31.86 | 21:05.20 | 20:34.18 | 20:03.16 | 19:13.44 | 1500Free | | | | | | | | |
| | | | | | | | 00:33.48 | 50Back | 00:35.90 | | | | | | | |
| 01:36.50 | 01:34.91 | 01:30.43 | 01:24.89 | 01:21.79 | 01:19.25 | 01:16.72 | 01:10.28 | 100Back | 01:15.59 | 01:19.98 | 01:21.25 | 01:22.45 | 01:23.50 | 01:27.08 | 01:31.86 | 01:36.50 |
| | 03:20.77 | 03:17.49 | 03:03.37 | 02:59.34 | 02:53.58 | 02:47.82 | 02:38.15 | 200Back | 02:45.08 | 02:55.15 | 02:56.38 | 02:58.74 | 03:01.63 | 03:08.29 | 03:17.10 | |
| | | | | | | | 00:38.98 | 50Breast | 00:41.63 | | | | | | | |
| 01:52.55 | 01:48.25 | 01:42.72 | 01:38.33 | 01:35.02 | 01:29.57 | 01:27.30 | 01:20.12 | 100Breast | 01:26.82 | 01:31.42 | 01:30.59 | 01:34.59 | 01:37.06 | 01:40.38 | 01:46.44 | 01:52.55 |
| | 03:54.31 | 03:43.76 | 03:34.37 | 03:18.74 | 03:14.03 | 03:09.32 | 02:58.89 | 200Breast | 03:10.58 | 03:18.47 | 03:26.36 | 03:26.91 | 03:32.91 | 03:38.52 | 03:44.83 | |
| 00:43.77 | 00:41.71 | 00:37.20 | | | | | 00:30.39 | 50Fly | 00:34.41 | | | | | 00:37.51 | 00:40.17 | 00:43.77 |
| | 01:34.41 | 01:25.11 | 01:23.95 | 01:22.79 | 01:18.58 | 01:14.09 | 01:06.40 | 100Fly | 01:14.04 | 01:19.50 | 01:23.24 | 01:24.29 | 01:25.34 | 01:31.45 | 01:36.02 | |
| | 03:28.53 | 03:18.58 | 03:10.27 | 03:03.02 | 02:57.14 | 02:51.26 | 02:40.07 | 200Fly | 02:56.64 | 03:07.54 | 03:10.63 | 03:13.71 | 03:16.92 | 03:20.49 | 03:30.51 | |
| 01:41.81 | | | | | | | 01:16.62 | 100IM | 01:21.15 | | | | | | | 01:41.81 |
| | 03:24.97 | 03:11.60 | 03:00.95 | 02:55.45 | 02:41.94 | 02:37.12 | 02:32.30 | 200IM | 02:44.60 | 02:54.26 | 02:55.53 | 02:59.74 | 03:00.22 | 03:08.71 | 03:19.93 | |
| | | 06:44.61 | 06:23.30 | 06:12.30 | 05:53.97 | 05:35.65 | 05:26.01 | 400IM | 05:57.04 | 06:09.92 | 06:12.47 | 06:17.15 | 06:21.84 | 06:38.81 | | |



**Swim Ulster Qualifying Meets 2017-2018
(Autumn, Spring & Easter)
Long Course Qualifying Times**

| Male | | | | | | | | | Female | | | | | | | |
|----------|----------|----------|----------|----------|----------|----------|----------|------------------|----------|----------|----------|----------|----------|----------|----------|----------|
| 10 | 11 | 12 | 13 | 14 | 15 | 16 | Open | Events | Open | 16 | 15 | 14 | 13 | 12 | 11 | 10 |
| | | | | | | | 00:27.86 | 50Free | 00:31.51 | | | | | | | |
| 01:27.13 | 01:22.36 | 01:17.48 | 01:12.66 | 01:09.15 | 01:06.40 | 01:03.64 | 01:00.27 | 100Free | 01:07.50 | 01:10.43 | 01:11.90 | 01:12.08 | 01:13.64 | 01:17.49 | 01:22.34 | 01:27.13 |
| | 03:02.47 | 02:49.78 | 02:38.58 | 02:34.02 | 02:29.78 | 02:23.45 | 02:14.68 | 200Free | 02:27.47 | 02:33.95 | 02:36.54 | 02:37.61 | 02:40.47 | 02:49.91 | 03:00.67 | |
| | | 06:06.73 | 05:46.89 | 05:24.66 | 05:21.40 | 05:08.74 | 04:55.98 | 400Free | 05:15.26 | 05:34.38 | 05:37.11 | 05:39.84 | 05:53.24 | 06:11.49 | | |
| | | | | | | | | 800Free | 11:01.01 | 11:46.86 | 11:50.08 | 12:00.46 | 12:18.46 | 13:03.90 | | |
| | | 24:17.75 | 22:58.90 | 21:30.51 | 20:58.87 | 20:27.22 | 19:36.51 | 1500Free | | | | | | | | |
| | | | | | | | 00:34.15 | 50Back | 00:36.62 | | | | | | | |
| 01:38.43 | 01:36.81 | 01:32.24 | 01:26.59 | 01:23.43 | 01:20.84 | 01:18.25 | 01:11.68 | 100Back | 01:17.11 | 01:21.58 | 01:22.87 | 01:24.10 | 01:25.17 | 01:28.82 | 01:33.70 | 01:38.43 |
| | 03:24.79 | 03:21.44 | 03:07.04 | 03:02.93 | 02:57.05 | 02:51.18 | 02:41.31 | 200Back | 02:48.39 | 02:58.65 | 02:59.91 | 03:02.32 | 03:05.26 | 03:12.05 | 03:21.05 | |
| | | | | | | | 00:39.76 | 50Breast | 00:42.46 | | | | | | | |
| 01:54.80 | 01:50.42 | 01:44.77 | 01:40.30 | 01:36.92 | 01:31.36 | 01:29.05 | 01:21.72 | 100Breast | 01:28.56 | 01:33.75 | 01:32.40 | 01:36.48 | 01:39.00 | 01:42.38 | 01:48.57 | 01:54.80 |
| | 03:58.99 | 03:48.23 | 03:38.66 | 03:22.72 | 03:17.91 | 03:13.10 | 03:02.47 | 200Breast | 03:14.39 | 03:22.44 | 03:30.49 | 03:31.05 | 03:37.17 | 03:42.89 | 03:49.32 | |
| 00:44.65 | 00:42.54 | 00:38.26 | | | | | 00:31.00 | 50Fly | 00:35.10 | | | | | 00:37.94 | 00:40.97 | 00:44.65 |
| | 01:36.29 | 01:26.81 | 01:25.63 | 01:24.44 | 01:20.15 | 01:15.57 | 01:07.73 | 100Fly | 01:15.52 | 01:21.09 | 01:24.90 | 01:25.98 | 01:27.05 | 01:33.28 | 01:37.94 | |
| | 03:32.70 | 03:22.55 | 03:14.07 | 03:06.68 | 03:00.69 | 02:54.69 | 02:43.27 | 200Fly | 03:00.17 | 03:11.29 | 03:14.44 | 03:17.59 | 03:20.86 | 03:24.50 | 03:34.72 | |
| | | | | | | | | 100IM | | | | | | | | |
| | 03:29.07 | 03:15.44 | 03:04.57 | 02:58.96 | 02:45.18 | 02:40.27 | 02:35.35 | 200IM | 02:47.89 | 02:57.75 | 02:59.04 | 03:03.33 | 03:03.82 | 03:12.48 | 03:23.93 | |
| | | 06:52.70 | 06:30.96 | 06:19.74 | 06:01.05 | 05:42.36 | 05:32.53 | 400IM | 06:04.18 | 06:17.32 | 06:19.92 | 06:24.70 | 06:29.48 | 06:46.79 | | |