



30th August 2016

Dear Club Secretary,

We are pleased to announce details of our Annual NAC Minnows Gala.

The paperwork and Hy-tek files for electronic entries are attached.

The event is being held in the National Aquatic Centre on Sunday 9th October 2016.

Looking forward to seeing you on the day!

Yours in swimming

Mags Kelly
Gala Co-Ordinator
NAC Swim Club

NAC Swim Club

Minnows Short Course Gala 2016

MEET INFORMATION

VENUE: National Aquatic Centre – Abbotstown, Blanchardstown, Dublin 15

FACILITIES: 10 Lane 25m Competition Pool /No cool down facilities available
2000 Spectator Accommodation

DATE: Sunday 9th October, 2016

Warm Up 8.00 – 8.50am Start 9.00am
Warm up 2.00 – 2.50pm Start 3.00pm

Clubs will be notified of any change to warm up times

AGE GROUP **10 & Under, 11-12, 13-14, 15 & Over.**

EVENTS **12 & under 50m Back, Breast, Fly & Free**
14 & Over 100M Back Breast Fly Free
Open 200IM

RELAYS **10 & Under, 11-12 4x50 Free Relay**
13 -14, 15 & over 4x50 Free Relay

CLOSING DATE: **Latest date for receipt of entries is 28/09/2016**

Entries open to Swim Ireland members only and must include a current registration number.

ALL EVENTS WILL BE Heat Declared Winners

Events will be seeded based on times submitted and medals will be awarded to 1st, 2nd and 3rd in each age group.

ENTRY TIMES: Where no entry times (NT) have been submitted, swimmers will be placed in the first heats of the particular Event.

AGE GROUPS: Age as 31/12/2016 determines your age group for this meet.

ENTRY FEES: €7.00 for each individual Event entered
€20.00 for each relay team entered.

ENTRY ADDRESS The Meet Director,
NAC Swim Club,
114 Castlefield Court, Clonsilla, Dublin 15.

Latest date for payment 2/10/2016

EMAIL ENTRIES AND ALL QUERIES TO: nacgalas@nacswimclub.com

The Organisers of the Event reserve the right to limit entries.

Session 1: Warm Up 8.00am – 8.50am. Start 09.00am

Event 1	10 & Under 50m Butterfly Male
Event 2	10 & Under 50m Butterfly Female
Event 3	11-12 50m Butterfly Male
Event 4	11-12 50m Butterfly Female
Event 5	10 & Under 50m Breaststroke Male
Event 6	10 & Under 50m Breaststroke Female
Event 7	11-12 50m Breaststroke Male
Event 8	11-12 50m Breaststroke Female
Event 9	10 & Under 50m Backstroke Male
Event 10	10 & Under 50m Backstroke Female
Event 11	11-12 50m Backstroke Male
Event 12	11-12 50m Backstroke Female
Event 13	10 & Under 50m Freestyle Male
Event 14	10 & Under 50m Freestyle Female
Event 15	11-12 50m Freestyle Male
Event 16	11-12 50m Freestyle Female
Event 17	10 & Under 4x50m Freestyle Relay Male
Event 18	10 & Under 4 x50m Freestyle Relay Female
Event 19	11-12 4x50m Freestyle Relay Male
Event 20	11-12 4x50m Freestyle Relay Female

Session 2: Warm up 2.00pm -2.50pm. Start 3.00pm

Event 21	14 & Under 100M Butterfly Male
Event 22	14 & Under 100M Butterfly Female
Event 23	15 & Over 100M Butterfly Male
Event 24	15 & Over 100M Butterfly Female
Event 25	14 & Under 100M Breaststroke Male
Event 26	14 & Under 100M Breaststroke Female
Event 27	15 & Over 100M Breaststroke Male
Event 28	15 & Over 100M Breaststroke Female
Event 29	14 & Under 100M Backstroke Male
Event 30	14 & Under 100M Backstroke Female
Event 31	15 & Over 100M Backstroke
Event 32	15 & Over 100M Backstroke
Event 33	14 & Under 100M Freestyle Male
Event 34	14 & Under 100M Freestyle Female
Event 35	15 & Over 100M Freestyle
Event 36	15 & Over 100M Freestyle
Event 37	OPEN 200M I.M Male
Event 38	OPEN 200M I.M Female
Event 39	13 -14 4x50m Freestyle Relay Male
Event 40	13 -14 4x50m Freestyle Relay Female
Event 41	15 & Over 4x50m Freestyle Relay Male
Event 42	15 & Over 4x50m Freestyle Relay Female

Medals awarded to 14 & under and 15 & Over