



Bangor Open Long Course Meet 2017

Under Swim Ireland Technical Rules

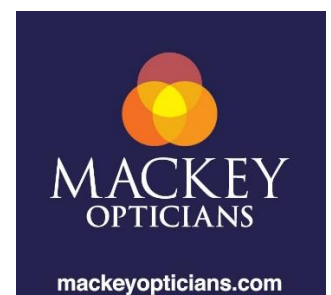
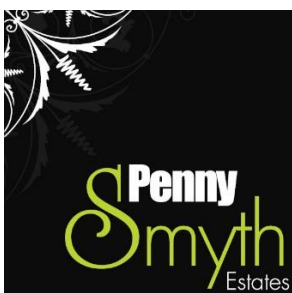
Saturday 14th January 2017

Licence No. TBC



Bangor Aurora Aquatic & Leisure Complex

Bangor, Co. Down, Northern Ireland





Meet Information

Bangor Open Long Course Meet 2017

Date Saturday 14th January 2017

Venue Aurora Aquatic & Leisure Complex, 3 Valentine Road, Bangor, Co. Down

Pool 10 lane 50m Pool (25m Warm up pool available during meet)
Full Omega electronic timing and scoreboard display

Session 1. Warm Up 7.30am Start 9.00am (Finish 12.30pm)

Session 2. Warm Up 1.00pm Start 2.30pm (Finish 6.00pm)

Session times may be adjusted when all entries have been processed. Any Change in session times will be notified with confirmation of entry acceptances. Should the need arise Bangor SC has the right to restrict entries to ensure a smooth running of the events during the meet.



ENTRIES

Entries can only be made on Hy-tek. The programme can be downloaded from the club

Website www.bangorpsc.co.uk or the Swim Ulster website www.swimulster.com .

Entry files should be e-mailed to the Gala Secretary at galas.bangorpsc@gmail.com .

The closing date for entries is Friday 30th December 2016

Entry Fee

£6 per Individual event. Fees should be paid by **Friday 6th January 2017.**

Payments

Payments can be made via bank transfer, include gala and club reference on the transfer narrative. Please email galas.bangorpsc@gmail.com to confirm transfer.

Bank Details: Bangor Swimming Club, Bank of Ireland – Bangor

Sort Code: 902071 Account No.: 82648678

IBAN: GB41 BOFI 9020 7182 6486 78 BIC: BOFIGB2B

Cheques, together with gala and club reference and contact details can be send to:
Bangor Swimming Club, FAO Gala Secretary, 3 Valentine Road, Bangor, BT20 4TH

Note: Bangor Swimming Club entries and payment will be processed via Active

Entry Times

Please submit Long Course entry times for seeding.

Age Groups

This is an open competition designated for National event qualification.

Awards

Medals will be awarded to 1st, 2nd and 3rd placed swimmers.



Events

Events

All events are HDW. 50m, 100m and 200m events in Butterfly, Backstroke, Breaststroke and Freestyle and 200m IM for both Men and Women.

400m Freestyle Men & Women 20 fastest entries with 5 Reserves

Saturday 14th January

Session 1: Warm up: 730AM – 9AM

Event		
1	M	400M Freestyle (2 Heats)
2	W	400M Freestyle (2 Heats)
3	M	200M Backstroke
4	W	200M Backstroke
5	M	200M Breaststroke
6	W	200M Breaststroke

Event		
7	M	200M Butterfly
8	W	200M Butterfly
9	M	200M Freestyle
10	W	200M Freestyle
11	M	200M IM
12	W	200M IM

Session 2: Warm up: 1PM – 230PM

Event		
13	M	100M Backstroke
14	W	100M Backstroke
15	M	100M Breaststroke
16	W	100M Breaststroke
17	M	100M Butterfly
18	W	100M Butterfly
19	M	100M Freestyle
20	W	100M Freestyle

Event		
21	M	50M Backstroke
22	W	50M Backstroke
23	M	50M Breaststroke
24	W	50M Breaststroke
25	M	50M Butterfly
26	W	50M Butterfly
27	M	50M Freestyle
28	W	50M Freestyle



Conditions of Entry

- 1. The Meet will be held under Swim Ireland and FINA Technical rules. Times achieved at the meet can be used for entry into Regional and National events.**
- 2. Entries will be seeded into heats based on entry times with the slowest heat being swum first.**
- 3. Only swimmers, coaches and officials are allowed on poolside. Wet swimmers are not allowed in the spectator area. Shoes must be worn by swimmers accessing the pool area.**
- 4. In line with child protection policies, any person wishing to use photographic or video equipment (including mobile phones) are required to sign the authorization slip at the Aurora Reception Desk. Flash photography is not permitted at the start of any event.**
- 5. The swim down pool will be available from the start of the competition until 15 minutes after the last heat of a session. This pool is not available during the main pool competition warm up. Clubs are asked to respect the use of this facility and to use it for its intended use. The Meet organisers reserve the right to withdraw this facility should it be misused.**
- 6. Swimmers should report to the competitor's steward eight heats prior to their swim.**
- 7. Deck entries may be taken on the day of the meet should spaces be available but will be at the discretion of the meet manager. Deck entries, if available, will be announced prior to the main warm up for the session. Entries should be made to the poolside office within 15 minutes of the announcement. Entries will be on a first come basis and payment must be made at the time of entry. Swimmers will be allocated any unused lanes in the slowest heats.**
- 8. If the meet is undersubscribed, Bangor SC reserves the right to cancel the meet, in which case all entry fees will be refunded.**
- 9. Neither Bangor SC nor Bangor Aurora Aquatic Centre accept any liability for loss or damage to personal belongings.**
- 10. Bangor SC reserves the right to alter any of the above conditions if necessary. Any matter not covered by the conditions shall be at the promoter's discretion if not covered by Swim Ireland Laws or rules.**