



CORMORANT AGE GROUPS/OPEN GALA

18 & 19 March 2017

(Under F.I.N.A. & Swim Ireland Laws)

SI Licence Number:

Venue: Trinity Sports & Leisure Complex, Donaghmede, Dublin 13.

Date: Saturday 18 and Sunday 19 March 2017

Entry: By Hy-Tek paper entry form included for those without hy-tek

Closing Date: Saturday 4th March 2017

Entry Fee: €6 per individual event

Entries by email to: marypseery@gmail.com

Entry Fees: By cheque, made payable to Cormorant SC, to 286 Swords Road, Santry, D9

Phone: 087 2862110

We regret late entries will not be accepted

Events: 25m all 4 strokes (8 & under only)
50m all 4 strokes
100m all 4 strokes and 100m I.M.
200m all 4 strokes and 200m I.M

All events will be Heat Declared Winners

Age up date: Age is as at the 18th March

Order of Events: Attached

Awards: Medals will be presented to 1st, 2nd and 3rd in the following age groups.
U/9, 10, 11, 12, 13, 14, over 14
Medals will be presented to 1st, 2nd and 3rd in the 25m events

Saturday 18th March 2017

SESSION 1

Warm up: 3.00pm

Gala: 4.00pm

1	Boys	200m Backstroke
2	Girls	200m Backstroke
3	Boys	200m Butterfly
4	Girls	200m Butterfly
5	Boys	200m Breaststroke
6	Girls	200m Breaststroke
7	Boys	200m Freestyle
8	Girls	200m Freestyle

Sunday 19th March 2017

SESSION 2

Warm up: 9.00am

Gala: 10.00am

9	Mixed	8 & under	25m Butterfly
10	Boys		50m Butterfly
11	Girls		50m Butterfly
12	Boys		100m Freestyle
13	Girls		100m Freestyle
14	Mixed	8 & under	25m Breaststroke
15	Boys		50m Breaststroke
16	Girls		50m Breaststroke
17	Boys		100m Backstroke
18	Girls		100m Backstroke
19	Boys		200m Individual Medley
20	Girls		200m Individual Medley

SESSION 3

Warm up: 2.00pm

Gala: 3.00pm

21	Mixed	8 & under	25m Freestyle
22	Boys		50m Freestyle
23	Girls		50m Freestyle
24	Boys		100m Breaststroke
25	Girls		100m Breaststroke
26	Mixed	8 & under	25m Backstroke
27	Boys		50m Backstroke
28	Girls		50m Backstroke
29	Boys		100m Butterfly
30	Girls		100m Butterfly
31	Boys		100m Individual Medley
32	Girls		100m Individual Medley

