



NAC SWIM CLUB MINI MINNOWS GALA 2017

VENUE:	National Aquatic Centre, Abbotstown, Dublin 15
FACILITIES:	5 LANE 25M POOL
DATE:	SUNDAY 19th FEBRUARY 2017
SESSION:	WARM UP 3.00pm
START	3.30pm
AGE GROUPS:	8 & UNDER/ 9-10 / 11 & OVER
EVENTS:	25M BACK, 25M BREAST, 25M FLY, 25M FREE 4 X 25M FREE RELAY – 10 & UNDER, 11 & OVER

ALL EVENTS HDW

ENTRY REQUIREMENTS:

ALL SWIMMERS MUST BE MEMBERS OF SWIM IRELAND WITH CURRENT REGISTRATION NUMBERS.

THIS GALA IS INTENDED FOR YOUNG AND INEXPERIENCED SWIMMERS. THIS IS NOT INTENDED FOR SWIMMERS WHO HAVE ALREADY COMPETED AT CLUB LEVEL. THERE WILL BE NO STARTING BLOCKS AND NO ELECTRONIC TIMING SYSTEM.

AGE GROUPS Age as of the 19/2/17 determines your age for this meet

Entry fees: €5.00 for each individual event
 €15.00 for each Relay Team

Entries by Hytec only to nacgalas@nacswimclub.com no later than 08/02/17

PAYMENT TO BE SENT TO:

All cheques should be payable to NAC Swim Club
The Meet Director , NAC Swim Club
114 Castlefield Court, Clonsilla, Dublin 15
Email: All queries to nacgalas@nacswimclub.com

Closing date: Latest date for receipt of entries is 08/02/2017

Note: The organisers of the event reserve the right to limit numbers in each event and will advise of any rejection.

EVENT GUIDE FOR MINI MINNOWS GALA

Warm up 3pm - Session start 3.30pm

Event 1	8 & UNDER 25M BACKSTROKE FEMALE
Event 2	8 & UNDER 25M BACKSTROKE MALE
Event 3	9 – 10 25M BACKSTROKE FEMALE
Event 4	9 – 10 25M BACKSTROKE MALE
Event 5	11 & OVER 25M BACKSTROKE FEMALE
Event 6	11 & OVER 25M BACKSTROKE MALE
Event 7	8 & UNDER 25M BREASTSTROKE FEMALE
Event 8	8 & UNDER 25M BREASTSTROKE MALE
Event 9	9 – 10 25M BREASTSTROKE FEMALE
Event 10	9 – 10 25M BREASTSTROKE MALE
Event 11	11 & OVER 25M BREASTSTROKE FEMALE
Event 12	11 & OVER 25M BREASTSTROKE MALE
Event 13	8 & UNDER 25M FLY FEMALE
Event 14	8 & UNDER 25M FLY MALE
Event 15	9 – 10 25M FLY FEMALE
Event 16	9 – 10 25M FLY MALE
Event 17	11 & OVER 25M FLY FEMALE
Event 18	11 & OVER 25M FLY MALE
Event 19	8 & UNDER 25M FREE FEMALE
Event 20	8 & UNDER 25M FREE MALE
Event 21	9 – 10 25M FREE FEMALE
Event 22	9 – 10 25M FREE MALE
Event 23	11 & OVER 25M FREE FEMALE
Event 24	11 & OVER 25M FREE MALE
Event 25	10 & UNDER FREESTYLE 4 X 25M RELAY FEMALE
Event 26	10 & UNDER FREESTYLE 4 X 25M RELAY MALE
Event 27	11 & OVER FREESTYLE 4 X 25M RELAY FEMALE
Event 28	11 & OVER FREESTYLE 4 X 25M RELAY MALE