

Christmas Cracker FUN Gala

Sunday 11th December 2016 11am – 5pm

National Aquatic Centre, Dublin

MEET CONDITIONS

Should be read in conjunction with the General Meet Regulations

defined as never having won an individual medal in Open competition. An Open competition is one in which two or more clubs have competed.) Entry Limit: Swimmers are restricted to four events. Swimmers who are faster than the "Cut Off Times" in an event are not eligible to swim in that event, but may swim in other events. Entry Form: Electronic Hy-tek entries are accepted via Hy-tek to the Swim Ireland Office at entries@swimireland.ie Paper entries should be posted to the Swim Ireland Office at Irish Sport HQ, National Sports Campus, Blanchardstown, Dublin 15, Ireland marked "2016 CHRISTMAS CRACKER". Paper entries are only required where Hy-tek is not used. Tuesday 22nd. November, 2016 for ALL entries. Payment for entries must be received by Friday 25th November, 2016 Entry Fees: €15.00/£13.00 to cover up to four individual events Relay entries cost €20.00/£18.00 No entry will be processed until the appropriate fee has been received at the Swim Ireland Office. Payment options are detailed in the Entry Summary Sheet. Please note that entries are non-refundable once the final date for payment has passed Events: 7-8 year olds - 25m in all four strokes 9-10, 11-12 year olds - 50m in all four strokes, 100m Individual Medley Relays - 7-9 and 10-12 4x25m FTR, 4x25m MTR, Cannon 6x25m FTR (1 Boy, 1 Girl from each age group). All events will be H.D.W. Age is as 31 st . December 2016 Medals are awarded for top-3 placings in 7-8, 9-10and 11-12 age Groups (9-10 and 11-12 Age Groups will swim together) Relay medals will be awarded in 7-9 and 10-12 category.	Pool Specifications:	25 metre, 8 lane, indoor competition pool with wave-breaker lane ropes. Warm-up/swim-down pool also available during the meet.					
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Further Information: Please direct all queries to entries@swimireland.ie	Awards:						
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Santa will attend the gala and will have a gift for each competitor.

SWIMMERS ARE NOT PERMITTED TO WEAR "SKINS".



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ORDER OF EVENTS

Session 1: 11.00 am			Session 2:			
1	G 11-12	100m I.M.	16	B 11-12	100m I.M.	
2	B 7-8	25m Breaststroke	17	G 7-8	25m Breaststroke	
3	G 7-8	25m Backstroke	18	В 7-8	25m Backstroke	
4	B 9-10, 11-12	50m Butterfly	19	G 9-10, 11-12	50m Butterfly	
5	G 9-10, 11-12	50m Freestyle	20	B 9-10, 11-12	50m Freestyle	
6	B 7-9	4x25m MTR	21	G 7-9	4x25m MTR	
7	G 10-12	4x25m FTR	22	B 10-12	4x25m FTR	
8	В 7-8	25m Butterfly	23	G 7-8	25m Butterfly	
9	G 7-8	25m Freestyle	24	В 7-8	25m Freestyle	
10	B 9-10, 11-12	50m Breaststroke	25	G 9-10, 11-12	50m Breaststroke	
11	G 9-10, 11-12	50m Backstroke	26	B 9-10, 11-12	50m Backstroke	
12	B 10-12	4x25m FTR	27	G 10-12	4x25m FTR	
13	G 7-9	4x25m MTR	28	В 7-9	4x25m MTR	
14	Parents 50m		29	Mixed	6x25m Canon Relay (1 Boy, 1	
15	Coaches 50m				Girl each age Group)	

CUT OFF STANDARDS

Swimmers must be slower than the time in order to compete in the event

	Boys		Event	Girls			
7-8	9-10	11-12		7-8	9-10	11-12	
2009/2008	2007/2006	2005/2004		2009/2008	2007/2006	2005/2004	
25.00	N/A	N/A	25 Freestyle	25.00	N/A	N/A	
N/A	43.00	36.50	50 Freestyle	N/A	44.00	37.50	
31.00	N/A	N/A	25 Backstroke	31.00	N/A	N/A	
N/A	55.50	44.00	50 Backstroke	N/A	55.50	45.50	
35.00	N/A	N/A	25 Breaststroke	35.00	N/A	N/A	
N/A	1.01.00	48.50	50 Breaststroke	N/A	1.02.50	49.50	
32.00	N/A	N/A	25 Butterfly	32.00	N/A	N/A	
N/A 57.50 47.50		50 Butterfly	N/A	57.50	50.00		
N/A N/A 1.36.50		100 I.M.	N/A	N/A	1.43.00		